

# Gilford School District

Meal includes: Entrees - Pick one

Feb 1, 2019

Page 1

Sides - Pick one up to Four, must include a fruit or vegetable.

Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1  Entrees Pulled BBQ Pork Sandwich Stuffed Crust Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Chicken Burger Side Dishes Bake Bean Casserole Fruit Cup Fresh Fruit
Feb - 4  Entrees Chix Bacon Ranch Sandwich Stuffed Crust Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Side Dishes Side Salad Fruit Cup Fresh Fruit	Feb - 5  Entrees Chicken Fajitas French Bread Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Chicken Burger Side Dishes Bake Bean Casserole Fruit Cup Fresh Fruit	Feb - 6  Entrees Penne Pasta and Meat Sauce Dinner Roll French Bread Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Chicken Burger Side Dishes Peas Fruit Cup Fresh Fruit	Feb - 7  Entrees Gills Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Chicken Burger Side Dishes Carrot Sticks Fruit Cup Fresh Fruit	Feb - 8  Entrees Hot Dog Stuffed Crust Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Chix Fillet Sandwich Side Dishes Side Salad Fruit Cup Fresh Fruit
Feb - 11  Entrees Penne Chix Alfredo Personal Cheese Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Chicken Burger Side Dishes Broccoli Fruit Cup Fresh Fruit	Feb - 12  Entrees Tacos Brown Rice Personal Cheese Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Chicken Burger Side Dishes Black Bean Salad Fruit Cup Fresh Fruit	Feb - 13  Entrees Dinner Roll Shepherd's Pie Personal Cheese Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Chicken Burger Side Dishes Corn Fruit Cup Fresh Fruit	Feb - 14  Entrees Gills Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Chicken Burger Side Dishes Carrot Sticks Fruit Cup Fresh Fruit	Feb - 15  Entrees Hot Open Face Turkey Sub Stuffed Crust Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Chicken Burger Side Dishes Green Beans Fruit Cup Fresh Fruit

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Feb 1, 2019

Sides - Pick one up to Four, must include a fruit or vegetable.

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 18	Feb - 19	Feb - 20	Feb - 21	Feb - 22
Entrees Hamburger Stuffed Crust Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Chicken Burger Side Dishes Spicy Roasted Chickpeas Fruit Cup Fresh Fruit	Entrees Nachos with Cheese Sauce Chili Con Carne Personal Cheese Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Chicken Burger Side Dishes Corn Fruit Cup Fresh Fruit	Entrees Chicken Bowl Dinner Roll French Bread Pizza Assorted Deli Sandwiches Assorted Deli Salads Chicken Burger Side Dishes Side Salad Fruit Cup Fresh Fruit	Entrees Gills Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Chicken Burger Side Dishes Carrot Sticks Fruit Cup Fresh Fruit	Entrees Grilled Cheese Sandwich Tomato Soup Stuffed Crust Pizza Assorted Deli Sandwiches Assorted Deli Salads Spicy Chic Burger Chicken Burger Side Dishes Green Beans Fruit Cup Fresh Fruit

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