



Gilford High School

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Accredited Member

Anthony Sperazzo, Principal
Timothy Goggin, Assistant Principal

Lori Jewett, Guidance Director
Rick Acquilano, Athletic Director

July 10, 2017

Dear Parents and Gilford High and Middle School Students,

I am excited for the upcoming 2017-2018 school year. I look forward to a school year filled with both excellence in academics and athletics. Furthermore, I truly understand the value in participating in athletics and hope you will choose a program to participate in. Athletics help our community come together and provide our athletes opportunities to pursue excellence in reaching team and personal goals.

Below is important information relating to participation in athletics at Gilford High & Middle Schools. (For further information regarding high school eligibility, attendance and participation, please refer to the Student/Parent Handbook found on the GHS website: www.ghs@sau73.org)

- **This year ALL middle and high school athletics registrations will be done online through FamilyID (the link is provided here): [FamilyID](#)**
- Please find ALL middle and high school athletic schedules on our website: **gilfordathletics.com** (you can choose to receive texts or email alerts when changes occur by signing up for specific schedules.)
- **For current athletes**, their physical, concussion (high school only) and special health information will be loaded AFTER they are registered by Ms. Jenkins RN or Ms. Haddock RN. **IF they are not registered, they will not be allowed to start their season.**
For new athletes, (previously have NOT participated in school athletics), please make sure there is a copy of a current physical to upload into the child's profile or forwarded it to mjenkins@sau73.org (GHS), or bhaddock@sau73.org (GMS)

High School

The required fall athlete/parent meeting will be held on Monday, August 7th. It will begin at 6:00 PM in the auditorium. , followed by meetings with our coaching staff.

All incoming 9th graders, new students and juniors (new requirement every two years) interested in participating in a high school sport will need to complete the ImpACT Concussion Program. Ms. Jenkins, our school nurse, will be contacting those students during the preseason and scheduling a date and time when they will need to show up at GHS. The test is approximately 30 minutes long and will give a computer stored baseline measurement that our certified medical professional will be able to access.

Below are the sports offered for high school and the first fall preseason practice date and time:

High School Pre-season practice for football begins on Wednesday, August 9th. Cross Country, Field Hockey, Volleyball, Golf and Soccer all begin on Monday, August 14th. Unified Soccer will begin the week of August 30th.

GIRLS

Cross Country – August 14th at 8:00 AM

Meet in front of GHS

Field Hockey – August 14th at 9:00 AM

Meet on the field hockey field

Soccer – August 14th at 7:30 AM

Meet on the varsity soccer field

Volleyball – August 14th 8:00 AM

Meet in the gymnasium

Coed Unified Soccer will meet after the first day of school 8/30

BOYS

Cross Country – August 14th at 8:00 AM

Meet in front of GHS

Golf – August 14th at 1:00 PM

Meet at Pheasant Ridge

Soccer – August 14th at 5:00 PM

Meet on the practice soccer field

Football – August 9th at 5:00 PM

Meet at the Meadows Complex

Middle School

The required middle school parent/coach meeting is scheduled for Monday, August 28th, at 6:00 PM in the middle school cafeteria.

Fall sports practices will begin for all middle school teams on 8/30 immediately after school.

Rick

Rick Acquilano, MA, CAA
Athletic Director/Team Leader
Physical Education & Health
Gilford Middle / High School
603-524-7146 ext. 251